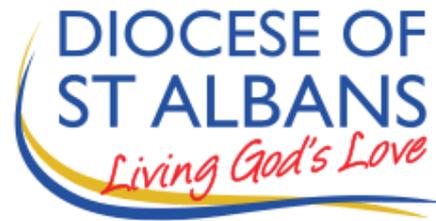


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Lent - Day 5 - 'by every word that comes from the mouth of the Lord'
Monday 6th March 2017

Luke 4 : 1 - 4

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone'".

When Jesus said that a person does not live by bread alone he was quoting from the book of Deuteronomy chapter 8 V 3 - 'One does not live by bread alone, but by

every word that comes from the mouth of the Lord.' Jesus quoted the Bible on numerous occasions to speak to challenging questions or issues. The Bible is God's Word and therefore a powerful tool to be used in every day life and struggles.

[Follow this link for the Bible passage](#)

Reflection

- How can you draw on the inspiration and strength of the Bible more in your everyday life?
- What Bible verses can you memorize that could be an encouragement to others?

Respond & Comment

- Pray for an opportunity to give a verse of the Bible to someone as an encouragement.
- [Make a comment and share your thoughts with others.](#)

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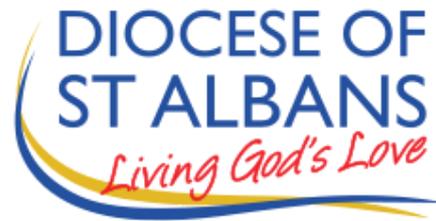
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Lent - Day 6 - 'a report about him spread'

Tuesday 7th March 2017

Luke 4 : 14

Then Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone.

Jesus' reputation was advancing throughout the area as he began to teach in the synagogues. He was regarded positively by all the people, even though many wouldn't have come into direct contact with him.

[Follow this link for the Bible passage](#)

Reflection

- Spend a few moments praising Jesus, reflecting on your experience with him in your life so far.

- What could you report to others about Jesus today?

Respond & Comment

- Look for an opportunity to report something about Jesus today - if you are on social media you could post something. Or why not try to mention something about Jesus in conversation.
- [Make a comment and share your thoughts with others.](#)

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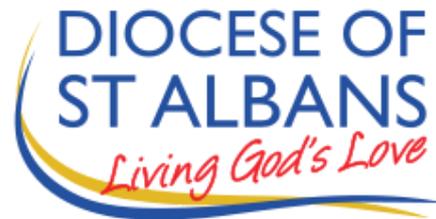
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Lent - Day 7 - 'the Spirit of the Lord is upon me'

Wednesday 8th March 2017

Luke 4 : 16 - 19

When he (Jesus) came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: 'The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favour.'

Jesus proclaims in the synagogue that the Holy Spirit is inspiring, strengthening and equipping him. Twice already in Luke chapter 4 we have been told of the Holy Spirit's role in the ministry of Jesus - 'Jesus full of the Holy Spirit ...' (Luke 4:1) and 'Then Jesus, filled with the power of the Spirit ...' (Luke 4:14). Here Jesus declares this for himself. Back on Day 3 we read how John the Baptist informed people that Jesus will baptise with the Holy Spirit (Luke 3:16). This is the promise for all followers of Jesus. God can fill us with the power of his Holy Spirit to enable us to live and work for him, to bring good news to others.

[Follow this link for the Bible passage](#)

Reflection

- What holds you back from sharing the love of Christ in your words and actions? - be encouraged to be honest with God.

Respond & Comment

- Will you ask God to fill you with his Holy Spirit to enable you to share the love of Christ in your words and actions?
- [Make a comment and share your thoughts with others.](#)

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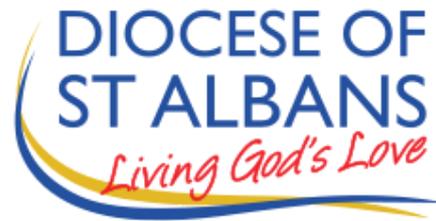
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Lent - Day 8 - 'he has sent me'
Thursday 9th March 2017

Luke 4 : 16 - 19

When he (Jesus) came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: 'The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favour.'

Jesus declared that God had sent him to bring the blessings of God to those in need (which in one way or another, is all of us).

In the gospel according to John, we read how Jesus said '...As the Father has sent me, so I send you' (20:21). Jesus sends each of us to bring the blessings of God to those in need.

[Follow this link for the Bible passage](#)

Reflection

- Where has God sent you or where is God sending you to bring his blessings to those in need?

Respond & Comment

- Who will you bless today?
- [Make a comment and share your thoughts with others.](#)

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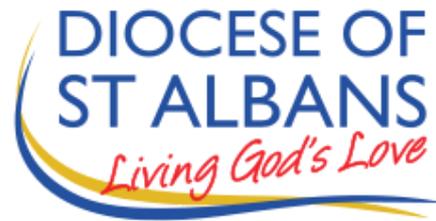
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Lent - Day 9 - 'good news, release, freedom and favour'

Friday 10th March 2017

Luke 4 : 16 - 19

When he (Jesus) came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: 'The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favour.'

Jesus declared that the Spirit had anointed him to bring good news to the poor, and sent him to proclaim release to captives, recover of sight for the blind, freedom for the oppressed and the year of the Lord's favour.

Remember that just as the Father sent Jesus, so Jesus sends us - to bring and proclaim these much-needed things listed above, to a world crying out for them.

[Follow this link for the Bible passage](#)

Reflection

- Pray that you would have the eyes and ears to spot those in need in your family, place of work or community.

Respond & Comment

- Commit to support a person you know in need of encouragement, care or prayer at the moment.
- [Make a comment and share your thoughts with others.](#)

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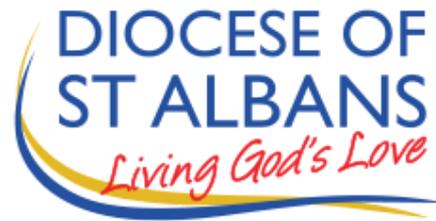
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Lent - Day 10 'gracious words'
Saturday 11th March 2017

Luke 4 : 22

All spoke well of him (Jesus) and were amazed at the gracious words that came from his mouth.

The people were amazed at the words reflecting God's goodness that came from Jesus.

[Follow this link for the Bible passage](#)

Reflection

- Do your words reflect God's goodness? In what ways?

Respond & Comment

- Look for opportunities to use grace-filled words in a conversation today.
- [Make a comment and share your thoughts with others.](#)

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